



Parks & Recreation Department

John Sherman, Director

48 Lebanon Street

Hanover, NH 03755

(603) 643-5315

parksandrec@hanovernh.org

Be Kind, Be Patient, Be Understanding - We are all in this together!

Hanover Parks & Recreation COVID19 Spring Athletic Guidelines

Parents / Guardians / Spectators:

- 1) For practices: Parents / Guardians are encouraged to stay in the vehicle when picking up athletes from practice and arrive on time (not early). If watching from the sidelines, or outside of a vehicle, in accordance with the Hanover and Lebanon Town Ordinances (Appendix C), masks must be worn.
- 2) Parents / Guardians / Coaches: Should not transport athletes that are not immediate family members. In the event it becomes necessary, remember to wear face masks, and try to maintain social distance seating.
- 3) Parents / Guardians are required to report any of the symptoms listed in Appendix A to coaches as soon as possible.
- 4) No congregating or lingering after practices or games. Must depart the field as soon as possible.

Athletes:

- 1) HPR will be providing a buff to wear during practices and games for face coverage. You can wear the buff or provide your own face covering for practices or games. **MUST BE WORN AT ALL TIMES.**
- 2) Equipment bags should be placed 6-feet apart. We are encouraging athletes to only bring what is required of them for practice. Athletes should not touch other athlete's bags, equipment, or water bottles.
- 3) During practices and competitive sporting events, close contact non-athletic activities shall be avoided, i.e., rough housing.
- 4) Athletes shall follow social distancing while on the sidelines during practices and competitive sporting events, this includes 6-feet apart and face coverings.
- 5) Athletes will bring their own water bottles and there will be no sharing.
- 6) Athletes will not be allowed to play up in grade level at this time.

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Updated: 1-Apr-21



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Volunteers / Coaches:

- 1) There will be a team designated Health Monitor responsible for performing the health screening of each athlete before they can participate in any training session or game. All materials (thermometer and checklist) will be with coaches.
- 2) Equipment will be sanitized once a week.
- 3) Masks must be worn at all times.
- 4) Adequate breaks for water and sanitization should be provided and are encouraged to occur between changes in activities.
- 5) Athletes shall follow social distancing while on the sidelines during practices and competitive sporting events, this includes 6-feet apart and face coverings.
- 6) Coaches will report any athletes or volunteers that have any conditions listed in Appendix A
- 7) No pinnies will be provided.
- 8) Coaches shall remind athletes and parents / guardians to carry in and carry out their trash.
- 9) Uniforms will not be distributed this season. T-Shirts will be given to all athletes to keep.
- 10) If there are questions or concerns, contact Athletic Program Manager Bri Barnes
Bri.barnes@hanovernh.org (603) 643-5315 or (603) 640-3308

Appendix A: [Athletic Health Screening Form](#)
Appendix B: [NH Safer at Home - Youth Sports Guidelines](#)
Appendix C: [Hanover Mask Ordinance](#) [Lebanon Mask Ordinance](#)

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