

Be Kind, Be Patient, Be Understanding - We are all in this together!

Hanover Parks & Recreation COVID19 Athletic Guidelines

Parents / Guardians / Spectators:

- 1) For practices: Parents / Guardians are encouraged to stay in the vehicle when picking up athletes from practice and arrive on time (not early). If watching from the sidelines, or outside of a vehicle, in accordance with the Hanover and Lebanon Town Ordinances (Appendix C), masks must be worn.
- 2) For sporting events: Parents / Guardians / Spectators shall remain outside of all “in play” areas and shall maintain physical social distancing while watching events.
- 3) Parents / Guardians / Coaches: Should not transport athletes that are not immediate family members. In the event it becomes necessary, remember to wear face masks and try to maintain social distance seating.
- 4) Parents / Guardians / Spectators: Shall watch sporting events from the opposite side of the field from their team areas.
- 5) We ask that only immediate family members attend games to minimize crowding and promote social distancing.
- 6) Parents / Guardians are required to report any of the symptoms listed in Appendix A to coaches as soon as possible.
- 7) No congregating or lingering after practices or games. Must depart the field as soon as possible.

Athletes:

- 1) HPR will be providing a buff to wear during practices and games for face coverage. You can wear the buff or provide your own face covering for practices or games.
- 2) Equipment bags should be placed 6-feet apart. We are encouraging athletes to only bring what is required of them for practice. Athletes should not touch other athlete’s bags, equipment, or water bottles.
- 3) During practices and competitive sporting events, close contact **non- athletic activities** shall be avoided, i.e. rough housing.
- 4) Athletes shall follow social distancing while on the sidelines during practices and competitive sporting events, this includes 6-feet apart and face coverings.
- 5) Athletes will bring their own water bottles and there will be no sharing.



Parks & Recreation Department

John Sherman, Director

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Volunteers / Coaches:

- 1) Equipment will be provided and stored in sheds or MI-BOX at fields and not be taken home.
- 2) Coaches will need to sanitize all equipment before putting back in the shed (sanitizers are provided).
- 3) There will be a team designated Health Monitor responsible for performing the health screening of each athlete before they are allowed to participate in any training session or game. All materials (thermometer and checklist) are provided within the shed or MI-BOX.
- 4) No pinnies will be provided.
- 5) Adequate breaks for water and sanitization should be provided and are encouraged to occur between changes in activities.
- 6) Coaches will report any athletes or volunteers that have any conditions listed in Appendix A
- 7) Coaches shall remind athletes and parents / guardians to carry in and carry out their trash.
- 8) Uniforms will not be distributed this season. T-Shirts will be given to all athletes to keep.
- 9) If there are questions or concerns contact Athletic Program Manager Bri Barnes
Bri.barnes@hanovernh.org (603) 643-5315 or (603) 640-3308

Appendix A: [Athletic Health Screening Form](#)

Appendix B: [NH Safer at Home - Youth Sports Guidelines](#)

Appendix C: [Hanover Mask Ordinance](#) [Lebanon Mask Ordinance](#)